



TURNING POINT
STANDARD DISTANCE
SPRINT DISTANCE

NORMAL VEHICLE
TRAFFIC OPEN
SOUTHBOUND

TURNING POINT
BEGINNER DISTANCE



- STANDARD SWIM COURSE
- SPRINT SWIM COURSE
- BEGINNER SWIM COURSE
- BIKE COURSE
- RUN COURSE
- TRANSITION AREA
- VEHICLE ACCESS

STANDARD DISTANCE BIKE COURSE:	4 LAPS
STANDARD DISTANCE RUN COURSE:	2 LAPS
SPRINT DISTANCE BIKE COURSE:	2 LAPS
SPRINT DISTANCE RUN COURSE:	1 LAP
BEGINNER DISTANCE BIKE COURSE:	1 LAP
BEGINNER DISTANCE RUN COURSE:	1 LAP

REGISTRATION
ECHO ARENA
CAR PARK
SWIM ASSEMBLY
FINISH
START
START
START

TURNING POINT
ALL DISTANCES

TURNING POINT
ALL DISTANCES