

# NETWORK MEETING REPORT

# CITIZENS LAB

Terni 12-15 April 2018







# THE CITIZENS LAB

The CitizensLab (C-Lab) is a 'laboratory' called by MitOst e.V. and funded in its pilot phase (March 2016 - April 2018) by Stiftung Mercator and Robert Bosch Stiftung. It brings together a diverse group of European citizens, civil society actors and local authority workers to explore, through exchange and prototyping of practice, the emerging civil society and the changes that are being created through this in Europe. The CitizensLab is using a lab approach that works towards a collectively shared longer-term goal. It is hosted through a core team made up of its own members, and experiments through translocal initiatives, building a network—or community of practice—of members and partners. Five different modalities are used to operate the C-Lab: (1) Network Meetings, when members come together in person to exchange, discuss and co-create, (2) Mobility Exchanges, where members can visit each other and create translocal initiatives, (3) Prototypes, where members can experiment with ideas and approaches for the new system to emerge, (4) Lumen, as the online platform that is used for information exchange, dialogue and decision making, as well as online connections including webinars and conference calls, and a (5) website that shares information with a wider audience about the CitizensLab.



# THE 4TH NETWORK MEETING

The CitizensLab 4th Network Meeting was a journey where new members (firstcomers) joined the already formed group (returners) and collectively explored and inquired into how to radically imagine a different life in Europe and how they could co-create a way for this change to happen.

It was the first meeting that the hosting team also included five C-Lab members, who spent time together in order to support the Design and Delivery of this meeting with love and commitment. By practicing hosting collectively, the C-Lab members are going deeper into the process and step forward with passion and responsibility to serve the whole C-Lab community.

Also for the first time the Network Meeting took place in one of the C-Lab member's spaces, CAOS in Terni, hosted by Chiara Organtini.

The overall outcome of the 4th Network Meeting was the creation of a safe space for many different actors and people to practice, share their experiences, and discuss their common need to change their community, their society, the world. People got the opportunity to radically imagine together and see how they could co-create the next steps to work further on how this transformation can happen more collectively and in a more connected way. They had the opportunity to challenge themselves to push their boundaries a bit further, by working with some radical imagining of how they want to live; to enter into the unknown and discover new possibilities. Firstcomers and returners, through the process of co-creating, dove into the 'how'. They explored actions and ideas and worked on finding ways to make them more tangible.





## OUR HOST VENUE: CAOS

COAS has always been a place of transformation as it originally was an iron factory, changing raw metal into a useful material, then a chemical factory producing ammonia. The 6000 square metres building, half owned by the Municipality and the rest by a supermarket, and surrounded by privately owned flats and a restaurant, results in CAOS being a good example of a public/private initiative.

CAOS continues to be a transformative space today using theatrical performances, festivals, workshops and more, in an effort to engage with the broader Terni community. The citizens and the public are at the core of CAOS. CAOS's way of operating embodies the values of diversity, flexibility, and working with polarity.









# ORIENTING TO CAOS

CAOS offered us the opportunity to engage in questions and challenges facing many of our local contexts by getting to know the different spaces through a game designed by the hosting team called the Orientation game.



## Teatro Secci

**Local host:** Fabio

### Key Questions:

How are the job conditions in your community affecting you and your work?  
Is job precarity leading more to social anger or to forms of resilience in your country?

### Responses and inputs:

Precarious (financial) conditions, job insecurity.

Dilemma & necessity to balance day job & passion job.

How to disconnect income from what one can/ wants to give to the community.

Logics of dependence (both political system & funding logics) & its effect on impact & sustainability of activities in the field.

How to ask the meaningful questions we need to ask as societies and at the same time tend to unsustainable project and output-oriented funding logics.

Detachment of oneself from the crises, e.g. brain drain, examples from Romania, Slovenia where spoken

Detachment of crises from oneself e.g. scapegoating, xenophobia, examples from Great Britain where spoken.

Embracing the crises (participatory, connected grass-root activities, examples from Greece where spoken.



## Sala Carroponete

**Local host:** Linda

### Key Questions:

How do you create a collective space and more participatory communities?  
How can we leave space for more, diverse voices to be heard?

### Responses and inputs:

Positive intention from citizens but public institutions and bureaucracy create many obstacles -> Need for (re)establishing relationships. Citizens know better than anyone (local initiatives shared as examples).

Public engagement with a focus on young people. Giving them more space to act. Games/Toolkits compatible with both children, youth and adults of every age.

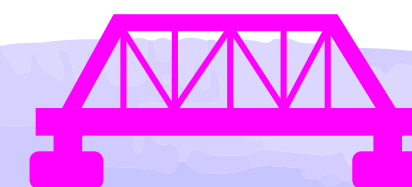
Participatory processes usually have a short life. How do we keep them alive?

Citizen's responsibility and commitment. Defining participation. Example of the Con-centric circle model. Important element is to understand the need before organizing.

Diversity - How can we make collective spaces equal but diverse enough?

Issue of homogeneity/similarities between people involved in specific initiatives.

Diversity in connection to aesthetics. Specific styles chosen are connected to specific groups of people.





# ORIENTING TO CAOS

## Archaeological Museum

**Local host:** Benedetta

### Key Questions:

How are you using new technologies to develop opportunities for your community?

### Responses and inputs:

1. What do new technologies enable?

New ways of sensing and understanding the world: using it in order to see art/cultural heritage from a different perspective, with the help of augmented or virtual reality, video mapping etc.

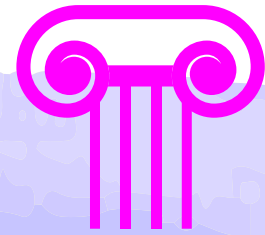
Transparency (open data): there were several examples of using new technologies to make the work of public sector institutions more transparent. Participation and sharing: new technologies allow an easier organization of citizens' initiatives, sharing the content with open-source platforms, and enable online decision-making processes. Education: from MOOCs to using digital tools for education of specific target groups (example of the project in Hungary that aims at educating teenagers on how to meaningfully use the internet).

2. Struggles we face when using new technologies:

Difficulties in translating offline to online: how do we translate what we do offline into a meaningful online experience?

The problem of exclusion/inclusion - how do we, as community leaders, use the tools properly

Inequalities in capacities (financial, technical).



## Outdoor

**Local host:** Chiara

### Key Questions:

How does your community, or how do you experience and relate to private and public space as well as to the commons?

What makes a space private or public?

### Responses and inputs:

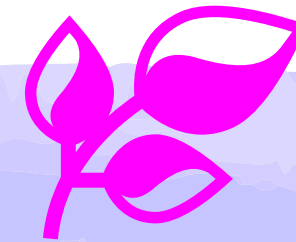
There are different ways to blur the boundaries between public and private spaces, e.g. art projects, opening people's gardens as part of festival, etc.

There is less and less public space as more is enclosed for private use

Public space is often regulated by local authorities and this too can make it difficult to use them

Commons is when people (and not local authorities) self organise spaces that are open to all

CAOS is a perfect example of how private and public space can dance together





# MEETING TERNI & EXPERIENCING THE C-LAB

From getting to know CAOS, we met Terni. Going in pairs, we exchanged 'What inspires you to come to the CitizensLab?' - why I came (firstcomers), why I am coming back (returners)? - What are you trying to explore in life that brings you here, what do you care most about that brings you here? Each pair also took an extra question about the C-Lab in connection to its Leadership, Vision, Action, Community. These questions were mainly used as guides for the returners, in order to offer information on the C-Lab story to the firstcomers.

We shared what we found on our walks and created a poem:

GOOD TO WALK  
THE VISION IS  
TO CHANGE  
IN AN ACUPUNCTURAL WAY

WE WALKED  
NICE TO PRACTICE  
GETTING LOST  
ENDED UP  
AT A MONASTERY  
VIA DELL'AMORE

MOST OF THE TIME  
YOU WERE TELLING ME  
ABOUT THE PROJECT  
YOU WANT US  
TO DO TOGETHER

C-LAB IS SHAPED  
BY ITS PEOPLE  
A BOAT  
STILL FINDING  
ITS DIRECTION

I FOUND MY WAY  
THROUGH TANDEM  
YET C-LAB IS VERY OPEN

WALKED PLEASANTLY  
AND STEPPED INTO  
STRANGE AND ENCHANTING  
THINGS

WHAT SHARED  
WHAT WE DO  
THE SITUATION IN UKRAINE  
OUR MOTIVATION  
TO RESEARCH  
PEER ORGANISATIONS

THE BIO OF C-LAB  
ALLOWED ME  
TO RETHINK  
WHAT WE HAVE DONE  
A RIVER, RAVINE - BARREN SPACE  
WHERE POSSIBILITY

THE OUTCOME IS THAT  
IN UKRAINE  
WE ARE JUST BEGINNING  
TO SPEAK ABOUT  
OPENNESS, TRANSPARENCY  
YET WE ARE NOT PRACTICING  
THE SOLUTION IS A FESTIVAL  
THAT WILL REFLECT AND PRAC-  
TICE  
THESE NEW WORDS

FRESH ISSUE  
ARE WE LOSERS OR WINNERS  
OUR FAMILIES & FRIENDS  
DON'T UNDERSTAND  
THE MEANING OF OUR WORK  
SO - ARE WE  
WINNERS OR LOSERS?  
HOW DO WE BECOME  
STARS OF OUR COUNTRIES?

I HAD AN INTERESTING GLIMPSE  
OF THE CITY

FOUND HIDDEN SPACES  
AN ARTIST VIEW  
GIVES ME A BETTER  
RELATIONSHIP TO TERNI

I CAN SEE THAT IDEAS  
WE DISCUSS  
ARE IMPLEMENTED  
LIKE THIS  
VISITING THE CITY

THE RHYTHM OF WALKING  
AND OUR REFLECTIONS  
ARE ALIGNED  
SIT DOWN - A BENCH  
SPEAKING OF YOUNG PEOPLE  
A SCHOOL  
SYNCHRONICITY

THREE PEOPLE I NOTICED  
IN A POST-INDUSTRIAL SETTING



# MEETING TERNI & EXPERIENCING THE C-LAB

A RIVER, RAVINE - BARREN SPACE  
WHERE POSSIBILITY

BIRD SONG  
THE VOLUME OF LIFE

AN OLD MAN  
WALKING THROUGH THE SPACE  
PICKING UP STONES  
A SYMBOL OF LOOKING  
WHERE YOU WALK  
A WOMAN  
PICKING WILD GREENS  
FOOD  
IS THIS SPACE  
UNKEMPT OR WILD?

A WOMAN STARTED SHOUTING  
AT US  
WAS SHE SHOUTING  
AT US  
FOR THE LEAFLETS?

IN THE CENTRE OF THE CITY  
THE PAST, PRESENT & FUTURE  
INTENSE DISCUSSIONS  
ABOUT THE PAST AND PRESENT  
THE PROJECTS WE CAN DO

PLAYING ON A PLAYGROUND  
GETTING TO KNOW EACH OTHER  
DISTRACTED - HARD TO BE HERE  
WE SHARED STORIES  
FROM OTHER INTERNATIONAL  
PROJECTS  
THE CULTURAL DIFFERENCE  
OF BEING ONLY EUROPEANS  
A SENSE OF LOSS OF ANOTHER  
CITY

THE SPACE AND DISCUSSION  
WAS REFLECTED  
WALKING BY THE RIVER  
ENDED UP  
IN DEEP DISCUSSIONS  
LEARNED ABOUT EUROPE  
AND US  
HAVING ISSUES!



# C-LAB'S APPROACH

Maria Scordialos offered a little perspective on the C-Lab's approach:

The C-Lab is an open space and we are shaping what it is. It is not prescribed, it is still finding its direction.

At the C-Lab we are working in the space we don't know the answers to.

The first piece about the approach is the **LAB**. The C-Lab is a laboratory. A space of not knowing and finding; using our intuition and experimenting. A place where people explore and experiment, discover, create art together without really knowing the outcome.

At the same time, this laboratory is working from the assumption that the world/Europe/countries/ neighbourhoods need **fundamental change**. We are living in times of more cracks opening. An example is the story of Hungary and their experience through their elections. The Greeks are living in the cracks. Turkey, Brexit, and much more keep creating further cracks. The Lab is a place where we can plant new seeds in the cracks. Even in concrete, something can appear through the cracks, a new form of life.

We do this by experimenting through **prototypes**, in small scale, to see how systems might change. A system is created when different people, elements, etc. come into relationship. As we get to know each other more these days we will become a system. It creates behavioural patterns that are repeated until we forget why we do things the way we do. Each one of us is a system as well, so learning or even disturbing ourselves –our fundamental assumptions– is part of the process. A Lab is not a place of being comfortable.

The second piece is about the **leadership**. The C-Lab is not a leader-less process. On the contrary, it is leader-full. It involves people who care about things and do something about it. The right conditions are being created and questions are raised for more research and action. The C-Lab members are participative leaders. Every single member has passions, knowledge and a certain dynamic. So, what happens when we bring that into the centre?

That is why we have the prototypes, rapid prototypes and these network meetings, in order to exchange this knowledge.

The capacities we appear to be building include:

- Authentic relationships
- How to reflect collectively and learn
- Working with complexity
- Experimenting (Prototypes)



# C-LAB'S APPROACH

## The elements of the C-Lab identity

These emerged through the third Network Meeting where we shared stories about the prototypes and rapid prototype we are undertaking.

From this body of knowledge we saw the C-Lab's identity as being:

- New structure to Civil Society emerging. Citizens acting. The C-Lab creates these new structures.
- Practitioners of democracy. Not western-style governing democracies.
- Midwives, through our work, of Europe.
- Voice-givers to questions that create mutual responsibility.
- People who are using trust as a connective tissue to get things done.





# RADICALLY IMAGINING OUR WORLD

We entered and dug a bit more into our imaginative part. The purpose of this process was to download what we know, get sceptical on our assumptions and re-frame them. Go back to what we already know and try to re-imagine.

Personal work: Each participant took 10 minutes for him/ herself to answer, 'What is the radical imagining of how I want to live?'

Circle sharing: The participants briefly read their statements and a collective pattern emerged:

## I radically imagine...

- Living in peace/peaceful existence/ being in peace and love with others
- Living and being in and with nature (respecting the earth as a living being - not only as a resource)
- We need to learn how to radically imagine
- Living in a world where imagination, poetry and dreams are as valid as logic
- Living with freedom and decency
- Living in a way in which we are being understood and accepted for who we are
- Compassion for the most marginalised
- Constantly evolving and learning with others
- (Changing the nature of our work) Working as meaning and learning and not as money
- Living beyond borders. Move and travel as we wish
- Speaking from the heart, being real, speaking our truth, showing our vulnerability
- New forms of living based on sharing, solidarity and co-creation
- Inner stories, silence and listening more than speaking
- Living balance (between our work, families, ourselves...)
- Living beyond capitalism, having resources and abundance
- Living with simplicity and authenticity
- Resisting or uncomfortable with radical imagining and inner intimacy/ Being obliged to do it





# RADICALLY IMAGINING OUR WORLD

## Moebius Stripes

The purpose of this process was to open up the space for radically imagining collectively, on something that we really care about.

The participants formed clusters. Each group got a stripe, using the one side of the stripe to describe the current situation, the already known, and on the other side, an ideal/imaginary situation. Another scenario of how the situation could be...with logic or without.

When the groups finished describing, they were asked to close the two sides of the circle by making a small twist. In that way the two sides were connected by creating another geometrical shape that brought together the pieces of reality with imagination.

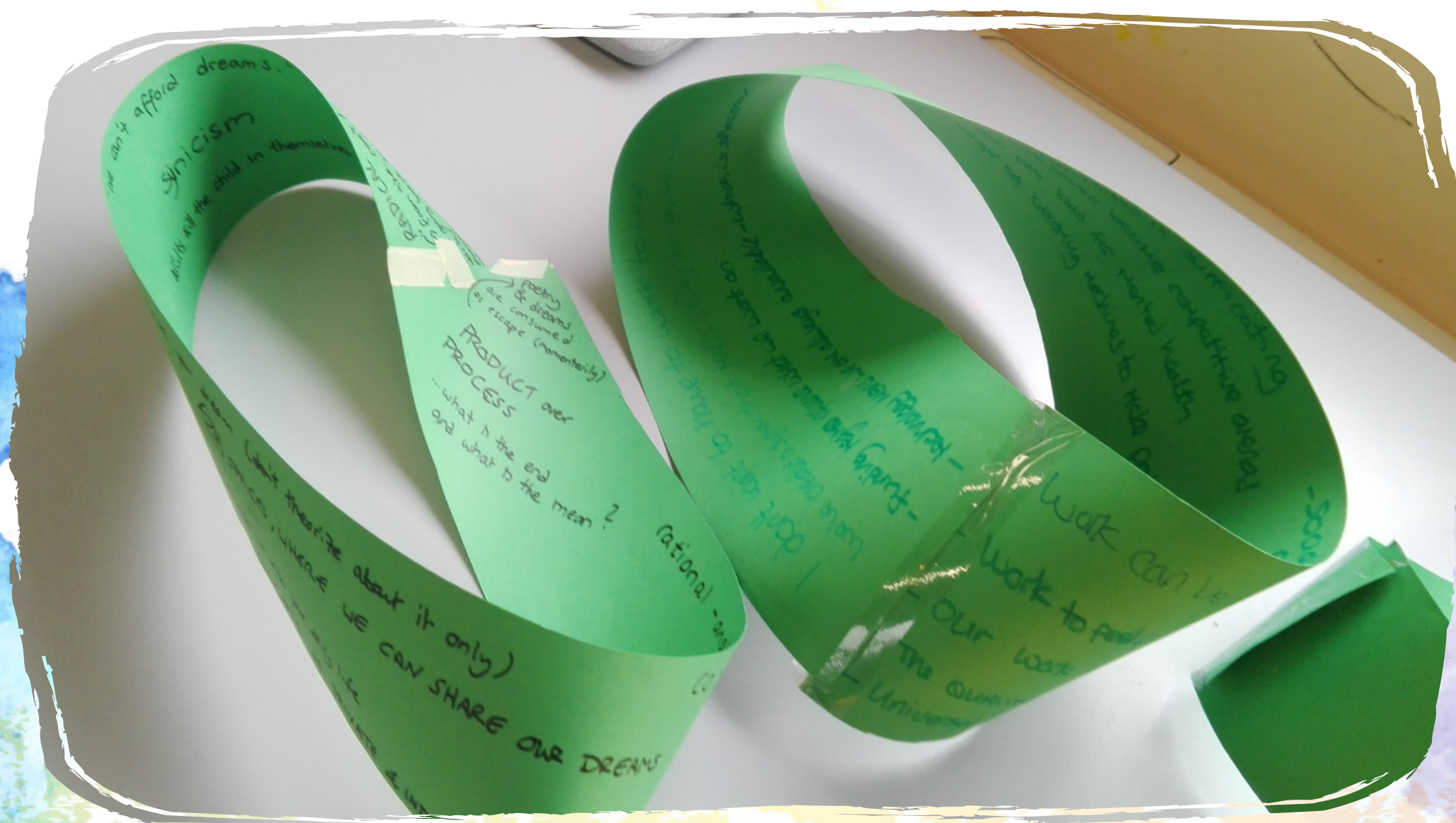
**Team 1:** Working with Frustration Generatively

**Team 2:** Work - Giving meaning and learning by changing the nature of work.

**Team 3:** Beyond capitalism and resources for all. New forms of solidarity and actions  
Mapping out the problems. Capitalist way of doing things and its impact to us.

**Team 4:** Focused on living in balance - not only in life balance but also specifically in our work, family environment and ourselves

**Team 5:** Creativity poetry group - valuing poetry and dreams today that are being undervalued. Where does that come from?





# PLANTING THE SEEDS: ACTIONS AND IDEAS FOR THE C-LAB

Whenever tributaries join a river, the water becomes rougher at the point of joining. Those of us that are already in the river curve the banks to bring the river into flow, and others are in the tributaries coming into the river.

Those into the river might get the feeling of being into a rocky area and slowing down progress, while the others might ask themselves

‘what is going on here?’

This is some of the narrative of what we have been in. We have done the join-in and we are on the boat now together. There might be turbulence but this is part of the process.





# C-LAB MODALITIES

A short introduction on the modalities of the CitizensLab was presented by Alice Priori in order to give a clearer framework for the firstcomers.

## Online dimension:

- Website: to present the stories of C-LAB
- Internal: how we communicate between us – LUMEN – Members Profile, group communication and voting system. We need a new internal platform (possibilities are: Loomio, Bosch Alumni Network, We change...)

## Network Meetings:

- Two meetings per year - spring time and autumn time. During the spring meeting the community expands involving firstcomers and the CLab approach and identity is collectively explored such as actions created. In the autumn meeting only returners are invited to join and the focus is to learn and reflect on our collective actions and what have we become.
- Hosting Team: members can join in the co-design of the programme and hosting the community during the meeting.
- Place: members can suggest their location to host the network meeting and a collective voting process is set to take the final decision. Next meeting is taking place between end-October and November.
- Firstcomers are selected through an application form and a jury composed by MitOst Team and CLab members. Additional reflection on the selection process is needed.

## Collective actions:

Criteria for prototypes:

- Includes at least 3 members.
- Inquire into acupuncture points of change.
- 2000 - 3000 euro per prototype (not fixed – dependent on what will emerge).
- Implementation between May-October 2018.
- In case of more than 8 prototypes we'll decide collectively where the budget should be allocated.

Mobilities or rapid prototypes:

- Action and exploring process between two members.
- Budget up to 400€ (for travel and accommodation costs).



# EXPLORING IDEAS, PROJECTS AND ACTIONS

After radically imagining Europe, we moved on with further exploring and co-creating. Self-organising with an Open Space Technology process, the participants were given the space and freedom to explore what feels important. This was also the opportunity to share our own projects and strong desires, work on already existing prototypes but also sense if there are new prototypes emerging. It was a space where many different conversations could take place simultaneously.

The topics posted and explored were:

- Re-design the system/Collective actions for European elections 2019 caravans (Mona)
- To explore what makes communities based on sharing sustainable (Slava)
- How to move in our place? Discover local specificities through somatic practices in public space (Valentin)
- How can we deepen and expand the community of CLAB? 'Map of host' (Kassie-Lilian)
- Microgames for neighbourhoods (Karsten)
- Office of foreign relations (Francesco)
- How will technology co-author future narratives of our homes / The use of technology in bottom-up urban planning (Mateja)
- Co-creation: sharing ideas and experiences (Ed)
- Discuss (+create new) ways to measure the social impact of our work (Kate)
- How do we want to make the C-LAB sustainable? (Alice/Maria)
- Club of stupid ideas (Karsten/Christian) – “Never happened because this was a stupid idea”
- Bingoh - The vulva bingoh (Mona)
- Participatory and Systemic leadership (Martin)
- How to make funding more process-oriented? (Valentin)
- Citizen Council of Europe (Olena)
- Story-Telling maps/Games/Free talk (Handan)



# EXPLORING IDEAS, PROJECTS AND ACTIONS





# EXPLORING IDEAS, PROJECTS AND ACTIONS

After being in conversations on different topics we shared insights and reflection. Examples of this included:

- Three elements on how C-Lab can be more sustainable.
  - We want C-Lab to become a place of living as well as a collective of sharing
  - The C-Lab needs a core team made of its members
  - The C-Lab implemented in the form of local hubs, in areas with more C-Lab members. See how these local hubs will relate to the trans-local prototypes
  - The C-Lab has been developing competences and capacities that could be offered to other communities as well as helping to host the MitOst festival 2019
- A game was created in the group – a puzzle offered empty at first is now filled in
- An office of Foreign Affairs for the C-Lab:
  - 1st reform: People are curious to experience what we do here. We should not only create a relationship between us, but also with our wider circle.
  - 2nd: Slow the pace of foreign relations. Helpful to have someone pertaining to another network as a guest, to pass/ bump into/ see and disseminate the practice that we do here.
  - 3rd. We should work very concretely on our set of values and outcomes and what we want to gain and put it into our next meetings. Collective session.
- How small-scale social work, based on gaming and dancing, works on neighbourhoods. How we gather this information and share these experiences in the form of manuals. Our small-scale work to be re-known throughout our network.



# STANDING IN SOLIDARITY WITH HUNGARY, ARMENIA AND ROMANIA

“As a C-Lab, a tiny microcosm of this world of holding these things, mission and vision of this space, we stand in solidarity with what is happening, in countries formed in darkness and injustice”

Dedicating the Open Space to the people of Armenia, Hungary, Romania etc. Trying to create a world where we don't have to be on the streets.





# MOVING FORWARD

After living 3 days together, arriving, orienting to CAOS, getting to know each other and the C-LAB, radically imagining Europe, being in conversations around ideas and projects, dancing swing... we began to look beyond the Network Meeting to moving forward.

We looked at what we had created through our time together and asked ourselves 'What do we need to take care of to keep C-Labing?' – to keep ourselves together and the C-Lab moving. The C-Lab has actions but it is also a way to be together.

We identified the following that still needs our care:

- Our communications and staying in touch. How do we keep that connection?
- Meeting together (how we host ourselves, the approach when we are in person together) – in-person network meetings
- Co-creating and working on projects in-between our network meetings
- Hosting/holding the wholeness of C-Lab. (Now it is from MitOst team)
- Gaming Unit
- External perspective
- Showcase our success (Making tangible actions)
- Hosting ourselves, taking care of ourselves
- Bringing the learning element in the CLAB
- Process-oriented funding
- (Alice-in between communication and hosting the whole). A team to hold and connect more regularly to see the way forward



# MOVING FORWARD

## Next steps

### Process and Methodology (Gerry)

- Valorise the process, give value and express appreciation
- AoH methodology
- Recognise that C-Lab is a gift of MitOst
- Circle process was really appreciated
- Stay connected
- Train C-Labbers to be self-sufficient (AoH methodology)

### Whole of C-Lab (Alice)

- Creation of a C-Lab Glossary (Francesco, Karsten, Cristian, Angeliki)
- Start with a fluid/agile group that is rotating to support the wholeness and willing to meet regularly on Zoom.
- Every two months-check-in connections with the whole CLab community. Document the session/Report and distribute
- Re-establish an online platform for internal communication
- Team: Chiara, Martin, Gerry, Lilian, Francesco, Kassi, Olena, Pia, Lubov, Angeliki, Iva  
(\*many new members in this team, seeing their commitment)
- Train C-Labbers to be self-sufficient (AoH methodology)

### Enacting systemic change and leadership (processes/practice) (Chiara)

Collect resources, books and articles on this topic/ materials that inspire the work as practitioners

- Develop the prototype and plan reflections
- Call the C-Lab support and enact the practice
- Turning our learning into a prototype

### Communication issue (Kate)

- Work on the process of how we will self-organise when teams want to communicate
- Check-ins
- Making our work alive (case study—piece of work to share it at an A4 format and MitOst to publish it, share it into the 'wall' - online).

### Gaming (potential prototype) (Karsten)



# CHECK-OUT

We ended our time together by sharing, 'What are the key learnings from this meeting that have deeply touched me and I would like to continue practicing?'

"Enjoyed something I rarely experience - which is silence. I want to take time to do that more often"

"Learning to trust the process, particularly through turbulence. It all comes well towards the end"

"Enjoyed the moments of big discussions. Doing field work and get connected despite the uncertainty, feeling energized"

"Touched by how each other help each other to go with the flow, show our gifts and share"

"Enjoy the silence within the group"

"Meeting so many powerful people that want to change the society"

"Deepening of relationships between us, reaching out also to Hungary, Armenia and Romania and all the places"

"I see a lot of hope and trust in the process of co-creating. People want to put their energy in there. People are open to do it."

"How much we need those spaces, how much we threaten the existence of those spaces"

"Thank you Chiara, I felt released by the surroundings and you taking care of us"

"Touched by the common landscape we created together, discovering of AoH"

"Need more time to reflect on that question. I got a valuable lesson as always"

"If you want to change, you need to find the right people. Feel empowered by this whole experience"

"Small moments that cannot be described. Able to make invisible things, visible"

"Confirmation of my career life choices, an inspiration to that direction"

"Learning. Co-creation is very strong now as a sense for me"





# CHECK-OUT

"Impressed by you as a group of strong individuals, creating connections within the group. I have so many aspirations for you, got a lot of inspiration"

"Really impressed being a returner of how different every meeting has been so far. Even if I question the process and purpose every time, it is all times so deeply fulfilling thank you very much"

"Being part of this MitOst programme. The way we do it, supports my personal reflection on what I do. Amount of people approached me about the project I presented, very inspiring and motivating for me. Thank you"

"Experience a lot of care. Also sense of being in something more than a collective, strong sense of togetherness (imagination, and challenges in order to overcome them and not leaving people behind)"

"Inspired by people, our walks, deep conversations, landscape, the circle. Thank you all and hope to see you again"

"Things that still need to sink in. Share that I witness the hard work of self-organisation and its beautiful flowers coming (cling the message from a phone)"

"Having a safe space that allows us to be ourselves and in our core as humans and open in such a short time is the way to move on things in this society. C-Lab is certainly one of these spaces"

"Touched about our collective responsibility, solidarity to each other and to outside. Further learn how to self-care, give me time and energy to support my personal transformation"

"Importance of value of democracy, preserve it and promote it"

"I remain sceptical about chit-chat and group dynamics with big words but I see a lot of potential in us"

"Meeting with C-Lab people at the train to Terni and immediately in deep discussions with fun. Neighbours, new friends. I am happy and I really like you"

"Thank everybody for the feeling of openness and acceptance. Everybody here is interested in each other. Not only projects but also as people and this feels nice. A big 'thank you' to the people who previously spoke"





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A Programme implemented by MitOst e.V.  
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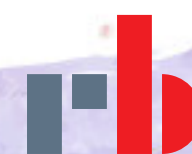
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